

## Daily Specials \$6

### Monday

5 chicken nuggets, apple slinky, large water

### Tuesday

Any pasta or fried rice and small juice

### Wednesday

Baked Potato ham & cheese, pineapple or  
Bolognese & cheese  
Flavored focus water

### Thursday

Hotdog w/s, slushy, mini muffin

### Friday

Pizza sub , ham & cheese, pineapple  
Up and go, (Chocolate, strawberry vanilla banana)

## Recess packs \$3.00

(available anytime please order on lunch bags and send to canteen orders need to be picked up from the canteen at recess time)

1. Rasin toast, banana and hot milo
2. Popcorn, muffin and Up 'n' go
3. Vegemite /jam sandwich, water
4. Pizza scroll and sml milk
5. Apple slinky, jelly, small juice

Additional items available for recess (pre order only)

Toast (vegemite or jam)	\$1.50
Rasin Toast (g) 1	\$1.50
Scones (plain jam or butter/fruit butter)	\$1.00
Mini hotdog	\$1.00
Apple and cinnamon scroll	\$1.50
Fruit Jelly	\$1.00



Blakeview Primary School proudly supports The Healthy Eating Guidelines for primary schools produced by the Department of Education and Child Development . We pride ourselves on providing healthy options that are freshly made within the canteen .

To make this happen we require the help of volunteers. If you are able to help please contact Michelle on 8254 7555, whether it is just for an hour or a day every little bit helps.



Phone: 8254 7555

Fax: 8254 8086



# Blakeview Primary School

## Canteen Price list Term 3 - 2017

Open Monday to Friday

- (g) = Green coloured items are healthy choose plenty of these
- (a) = Amber items are sometimes foods choose occasionally
- Lunch orders must be at the canteen by no later than 9.30.
- All late orders will be given a vegemite or jam sandwich
- Remember to put your name and room number on the bag
- Please enclose correct money or a substitute may be given

## Hot Food Options

Crumbed chicken, lettuce, mayo, roll (g)	\$5.00
Chicken tender lettuce, mayo wrap (g)	\$5.00
Crumbed fish, lettuce, mayo roll (g)	\$5.00
Crumbed fish lettuce mayo wrap (g)	\$5.00
Low fat flame grilled beef burger (g) (meat, cheese, lettuce, tomato sauce)	\$5.00
Low fat hot dog plain (a)	\$3.50
Low fat hot dog with sauce (a)	\$3.80
Low fat hot dog with sauce & cheese (a)	\$4.30
Mustard	\$0.30
Half a hotdog (a)	\$2.00
Lasagna (g)	\$5.00
Spaghetti (g)	\$5.00
Macaroni Cheese (g)	\$5.00
Fried Rice (g)	\$5.00
Garlic Bread Full (a)	\$3.00
Garlic Bread Half (a)	\$1.50
Wedges Cup (a)	\$3.00
Wedges Tray (a)	\$4.00
Sweet Potato Wedges Cup (g)	\$3.00
Sweet Potato Wedges Tray (g)	\$4.00
Fish Fillet (a)	\$3.00
Corn on cob (g)	\$2.00
Pizza Scrolls (g)	\$1.00

Available in Term 2 & 3 only (a)

Better bite Pie	\$3.50
Better Bite Sausage Roll	\$3.30
Sauce	\$0.40

## Sandwiches / Rolls (g)

Wholemeal, Brown or White Bread available

Buttered	\$1.50	\$2.00
Vegetemite	\$1.60	\$2.20
Jam	\$1.60	\$2.20
Cheese	\$2.50	\$3.50
Tuna	\$2.50	\$3.50
Chicken	\$2.50	\$3.50
Ham	\$2.50	\$3.50
Extras		
Salad		\$1.50
Tomato, carrot, cucumber, lettuce		\$0.60
Cheese (each)		
Wraps (g)		
Chicken & Salad		\$5.00
Tuna & Salad		\$5.00
Ham & Salad		\$5.00
Cheese & Salad		\$5.00
Mayo		\$0.30
Toasted Sandwiches (a)		
Cheese		\$3.00
Ham and cheese		\$3.50
Ham, cheese and tomato		\$4.00
Double ham and cheese hot roll		\$5.00
Salads (g)		
Garden Salad sml		\$3.00
Garden Salad Large		\$4.50
Cheese Salad plate		\$5.00
Fish Salad plate		\$5.00
Ham Salad plate		\$5.00
Tuna Salad plate		\$5.00
Chicken salad plate		\$5.00

## Drinks

Harvey Orange , Apple & Blackcurrant, Apple juice 200ml (a)	\$1.50
Oak Flavoured milk 375ml Chocolate, Strawberry Banana (a)	\$2.50
Up 'n'Go Strawberry, Chocolate, Banana, Vanilla (g)	\$2.50
Nippy's Iced Flavoured milk (a) Strawberry, Banana, Choc, ,Honeycomb	\$3.00
Flavoured Focus water 350ml (a)	\$2.50
Plain water Large (g)	\$2.50
Plain water Small (g)	\$1.50
Slushy (various flavours) (a)	\$2.20
Snacks	
Seasonal Fruit (g)	\$1.00
Apple Slinky (g)	\$1.00
Fruit Salad cups (g)	\$1.50
Jumpys (a)	\$1.00
JJs (a)	\$1.20
Red rock chips (a)	\$1.20
Grain Waves (g)	\$1.20
Muffins (g)	\$1.00
Apple & cinnamon scrolls (g)	\$1.50
Pizza Scroll (a)	\$1.00
Ice cream/ Ice blocks	
TNT (r)	\$0.60
Juicys (g)	\$0.50
Zing ( half \$0.40) (a)	\$0.80
Milo Scoop	\$3.00
Fandangle (a)	\$1.50
Frozen cups (a)	\$1.00
Frozen pineapple rings (g)	\$0.50