

At Blakeview we believe that :

- Bullying is the systematic abuse of power.
- Bullying is not simply about difference. It may occur because of people's inability to accept and value difference.
- Bullying includes racist or sexual harassment or any other form of discriminatory behaviour.
- Bullying is everyone's business
- Bullying *can* involve violence



1800551800

Need more information ?

The following telephone numbers and internet web sites can provide support and useful information about bullying and harassment.

Kids Helpline: 1800 551 800

Child and Youth Health

Parent Helpline 1300 364 10

Useful websites include:

www.safeschools.deewr.gov.au

www.decd.sa.gov.au/parentcomplaint/

www.decd.sa.gov.au/learnerwellbeing/



www.bullyingnoway.com.au



www.antibully.net

If you would like further information about bullying or you would like to know anything else about our school, please contact us.

Telephone (08) 8254 7555

Fax (08) 8254 8086

E-mail : dl.1854_info@schools.sa.edu.au



Government of South Australia
Department of Education and
Children's Services



Anti-Bullying Policy

At Blakeview Primary School we want all students to feel safe.

Therefore we take bullying seriously.

This policy explains what bullying is, how you can report it and what we will do to stop it happening.

Respect
Responsibility
Honesty

A definition of bullying

Bullying is deliberate, hurtful gestures, words, messages or actions which are repeated over time and/or are a result of an abuse of power.

The key features of bullying are that it:

- Causes hurt and distress
- Is repeated
- Involves the use of power in an unfair way

Examples of bullying can include:

Direct Bullying:

Physical

- Hitting, punching, tripping, pushing, hair-pulling
- Taking or damaging something that belongs to someone else

Verbal

- Putdowns and name calling, sarcasm, spreading rumours, persistent teasing, threats and intimidation
- Making fun of someone because of their appearance, physical characteristics, cultural background or beliefs
- Making fun of someone's actions

Indirect Bullying:

Emotional

- Being deliberately left out of a group or activity, exclusion, tormenting (eg hiding book, hat etc), ridicule and humiliation

Cyber Bullying:

Electronic

- Unwanted obscene or threatening emails, text messages or phone calls or other forms of cyber bullying

Signs of bullying can include:

- unexplained cuts, bruises or scratches
- damaged or ripped clothing
- vague headaches or stomach aches
- refusal to go to school
- asking for extra pocket money or food
- tearfulness, anxiety or difficulty sleeping
- 'hiding' information on mobile phones, emails or in comments on social networking

What can you do about bullying?

If you are bullied or you know someone who is being bullied please report it.
Don't be a bystander, be involved but keep yourself safe.

At Blakeview students are taught to ACT.

A- Ask them to stop

C-Collect a witness

T-Tell an adult at school

Who to report it to

Talk with someone you trust, this maybe your teacher, the school counsellor, the principal or a professional counsellor in an outside agency. Tell your parents or caregivers too.

How to report it

Tell the trusted adult where the bullying happened and who is responsible.

How often it has happened and what you have done to try to stop it happening.

When to report it

Report the bullying to a trusted adult as soon as it happens.
Do not ignore it. When bullying is ignored it may get worse.

What we do about incidents of bullying

- We will listen and talk to the person who has been bullied and the person who has bullied others
- Will put negotiated consequences in place for the person who has been bullying others. These may include time out, restricted play or suspension
- Parents will be contacted when necessary
- We will use a process such as the 'Method of Shared Concern' to help everyone involved to improve their relationships with each other

It is important to note that these steps may change. At Blakeview we do not use a 'one size fits all' approach. This is because each person and each incident of bullying is different.

What we do to reduce bullying.

If an incident of bullying happens at Blakeview we use prevention, intervention and **post-intervention strategies**.

Prevention strategies include:

- Using the curriculum to teach students about respectful relationships, responsibility and honesty
- Developing programs to help students participate and have a say in their learning
- Having programs that highlight social skills, language expression, non-violent problem solving and give students skills in emotional intelligence, emotional regulation and anger management. (eg Program Achieve)
- Developing peer connectedness and resilience among students
- Teaching for and about diversity
- Providing professional learning for staff

Intervention strategies include:

- Counselling and supporting students who have been bullied
- Talking with parents/carers about the situation
- Putting consequences in place for those who bully others
- Teaching students about bystanders behaviour
- Ensuring that all staff know how to address bullying effectively and respectfully

Post- intervention strategies include:

- Monitoring the situation between the students to ensure that their safety and wellbeing are maintained eg. Bullying audits
- Talking with parents/carers about strategies
- Reviewing our yard duty procedures to make sure they are effective
- Reviewing and evaluating behaviour codes and policies